HIKING PACKING LIST



□ DAYPACK (PREFERABLY WATERPROOF)	
□ EMERGENCY FIRST AID KIT	
□ COMPASS, OR/AND TRAIL MAPS	
□ WATER AND REUSABLE WATER BOTTLE	
□ FOOD - HEALTHY SNACKS	
□ LEATHERMAN/ KNIFE OR MULTI TOOL	
□ SUNSCREEN	
□ BUG SPRAY, MOSQUITO REPELLENT	
□ DEODORANT OR TRAVEL SIZE PERFUME***	
□ FACIAL WIPES***	*
□ HAND SANITIZER	×

HIKING PACKING LIST



□ ANY PERSONAL MEDICATION	
□ WEAR MOISTURE-WICKING CLOTHES	
□ HIKING SHOES	
□ HIKING SOCKS 😻	
□ SMALL MICROFIBER TOWEL***	
□ ELECTRONICS LIST - CAMERA, POWER BANK, CHARGING CABLES	
□ CASH, CREDIT CARD, WALLET	
□ TRAVEL DOCUMENTS, NATIONAL PARK PASS, PERMITS	
□ TREKKING POLES	
***OPTIONAL	